

OCTOBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>South Miami THE CITY OF PLEASANT LIVING</p>	<p>Gibson-Bethel Community Center 5800 SW 66th St South Miami, FL 33143 305-668-3876 www.southmiamifl.gov</p>	<p>Ed's Boot Camp (5-10a-hourly) Jazzercise (8:15a) SS Circuit (11:15a)</p>	<p>Kickbox Rx (5-10a-hourly) Jazzercise (6:30p)</p>	<p>Ed's Boot Camp (5-10a-hourly) Jazzercise (9:30a) SS Circuit (11:15a)</p>	<p>Kickbox Rx (5-10a-hourly)</p>	<p>Jazzercise (9:15a) Open Gym (11:00a-5p)</p>	
	<p>Jazzercise (10a) Open Gym (11:15a-2p)</p>	<p>Kickbox Rx (5-10a-hourly) Jazzercise (6:30p)</p>	<p>Ed's Boot Camp (5-10a-hourly) Jazzercise (8:15a) SS Circuit (11:15a)</p>	<p>Kickbox Rx (5-10a-hourly) Jazzercise (6:30p)</p> <p> One Day Camp</p>	<p>Ed's Boot Camp (5-10a-hourly) Jazzercise (9:30a) SS Circuit (11:15a)</p>	<p>Kickbox Rx (5-10a-hourly)</p> <p> Movie in the Park 7pm @ Dante Fascell</p>	<p>Jazzercise (9:15a) Open Gym (11:00a-5p)</p>
	<p>Jazzercise (10a) Open Gym (11:15a-2p)</p>	<p>Kickbox Rx (5-10a-hourly) Jazzercise (6:30p)</p>	<p>Ed's Boot Camp (5-10a-hourly) Jazzercise (8:15a) SS Circuit (11:15a)</p>	<p>Kickbox Rx (5-10a-hourly) Jazzercise (6:30p)</p>	<p>Ed's Boot Camp (5-10a-hourly) Jazzercise (9:30a) SS Circuit (11:15a)</p>	<p>Kickbox Rx (5-10a-hourly)</p> <p> Dunkin for Pumpkins 4pm-6pm</p>	<p>Jazzercise (9:15a) Open Gym (11:00a-5p)</p>
	<p>Jazzercise (10a) Open Gym (11:15a-2p)</p>	<p>Kickbox Rx (5-10a-hourly) Jazzercise (6:30p)</p>	<p>Ed's Boot Camp (5-10a-hourly) Jazzercise (8:15a) SS Circuit (11:15a)</p>	<p>Kickbox Rx (5-10a-hourly) Jazzercise (6:30p)</p>	<p>Ed's Boot Camp (5-10a-hourly) Jazzercise (9:30a) SS Circuit (11:15a)</p>	<p>Kickbox Rx (5-10a-hourly)</p> <p> One Day Camp</p>	<p>Jazzercise (9:15a) Open Gym (11:00a-5p)</p> <p>Wonder Workshop 10:30am *preregistration required*</p>
	<p>Jazzercise (10a) Open Gym (11:15a-2p)</p>	<p>Kickbox Rx (5-10a-hourly) Jazzercise (6:30p)</p>	<p>Ed's Boot Camp (5-10a-hourly) Jazzercise (8:15a) SS Circuit (11:15a)</p>	<p>Kickbox Rx (5-10a-hourly) Jazzercise (6:30p)</p>	<p>Ed's Boot Camp (5-10a-hourly) Jazzercise (9:30a) SS Circuit (11:15a)</p> <p> SAFE STREETS HALLOWEEN 4pm-7pm</p>	<p>Facility Hours: M-F: 5AM to 10PM Saturdays: 9AM to 6PM Sundays: 10AM to 2PM</p>	

Programs and Classes - October 2019

Open Gymnasium Hours

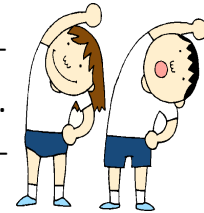
The basketball gymnasium is available for open gym during the following times:

- Mon/Wed/ Thurs/ Fri: 11 AM — 1:30 PM & 6:00 — 8:30 PM
- Tues: 11 AM — 1:30 PM
- Sat: 11 AM— 5 PM
- Sun: 11:30 AM — 1:30 PM



Health and Fitness

Ed's Boot Camp: South Florida's oldest and most effective boot camp provider. Unlimited classes year round, no contracts, no registration fees. Equipment provided. Check out www.edsbootcamp.com or call 305-613-9920.



Kickbox Rx: The combined elements of kickboxing, strength training and core conditioning in this class guarantee results. Check out www.kickboxrx.com or call 305-613-9920.



Jazzercise: A pulse-pounding, beat-pumping fitness program that gets you results fast. Check out www.jazzercise.com for more information or call 305-666-5457.

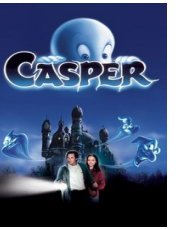


Silver Sneakers classes: Silver Sneakers classes are offered Tuesdays and Thursdays at 11:15 AM at the Gibson-Bethel Community Center. These programs are free for Silver Sneakers Members. For more information call 305-668-3876 or visit SilverSneakers.com to check eligibil-

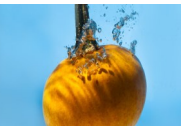


Upcoming Events

Movie in the Park: Join us for a spooky movie under the stars at Dante Fascell Park on Friday, October, 11. We will be showing the 1995 classic "Casper" at 7 PM. Families, Arrive early and create a Halloween craft! Bring your lawn chairs, blankets, and friends. Popcorn provided!



Dunking for Pumpkins Make a splash in our floating pumpkin patch at Murray Park Aquatic Center on Friday, October 18 from 4-6 PM. Have fun decorating your pumpkin and swimming in the pool! \$1 per person. See you there!



STEM Wonder Workshop: Our next wonder workshop at Gibson-Bethel Community Center will be October 26th at 10:30am. Preregistration is required, register at recpro.southmiamifl.gov



Safe Streets Halloween: Come out to downtown South Miami and have a safe night trick or treating with the family! The event will take place on Sunset Dr. between US 1 and Red Road from 4-7 PM on Halloween: Thursday, October 31st.



New Hours of Operation

The Gibson Bethel Community Center will have NEW Hours of Operation starting October 1st 2019 Hours below are as followed:

Monday-Friday: 5am-9pm
Saturday: 9am- 6pm
Sunday: 10am-2pm

One Day Camp

School's out on October 9th and 25th. Sign your kids up for One Day Camp at the Gibson-Bethel Community Center. We will have programming from 7:30 AM to 6 PM. One Day Camp is \$10 for residents and \$30 for non-residents.



Follow Us

Did you know that the South Miami Parks and Recreation Department has a Facebook page? Follow and like us to stay up to date on all the great things happening in and around your city! @southmiamiparksandrec

Online Registration

Register for everything in South Miami Parks and Recreation online! From our after school program to pavilion rentals, everything is at your fingertips. The registration website is: RECPRO.SOUTHMIAMI.FL.GOV