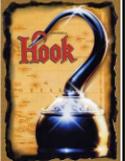


# September 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Fitness Center Open:</b> M-F: 5a to 10p Saturdays: 9a to 6p Sundays: 10a to 2p		Pool closes for the season on Monday, September 5th 	<b>Gibson-Bethel Community Center</b> 5800 SW 66th St South Miami, FL 33143 305-668-3876 www.southmiamifl.gov	Ed's Bootcamp (5-10a) Jazzercise (9:15a) Swim Lessons (4-7p) Youth Basketball (6p)	Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Swim Lessons (4-7p) Youth Basketball (6p)	Jazzercise (9:15a) Basketball (11a-6p) Public Swim (12p-4p)
Jazzercise (10a) Open Gym (11a-2p) Words to Wisdom (12p-1p) Public Swim (12p-4p)	Water Aerobics (11a) Public Swim (12p-4p) <b>HOLIDAY HOURS</b> <b>10AM-6PM</b> <b>LABOR DAY</b> 	Ed's Bootcamp (5-10a) Jazzercise (9:15a) Swim Lessons (4-7p) Youth Basketball (6p)	Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Water Aerobics (11a) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p) <b>FLOW</b> 9:30-2:30 	Ed's Bootcamp (5-10a) Jazzercise (9:15a) Swim Lessons (4-7p) Youth Basketball (6p)	Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Swim Lessons (4-7p) Youth Basketball (6p)  <b>Movie in the Park</b> 7:30pm-Dante Fascell	Jazzercise (9:15a) Basketball (11a-6p)
Jazzercise (10a) Open Gym (11a-2p) Words to Wisdom (12p-1p)	Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Water Aerobics (11a) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p)	Ed's Bootcamp (5-10a) Jazzercise (9:15a) Swim Lessons (4-7p) Youth Basketball (6p)	Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Water Aerobics (11a) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p)	Ed's Bootcamp (5-10a) Jazzercise (9:15a) Swim Lessons (4-7p) Youth Basketball (6p)	Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Swim Lessons (4-7p) Youth Basketball (6p)	Jazzercise (9:15a) Basketball (11a-6p)  <b>Parks and Recreation</b> <b>Master Plan Workshop</b> 10am- City Hall
Jazzercise (10a) Open Gym (11a-2p) Words to Wisdom (12p-1p)	Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Water Aerobics (11a) Jazzercise (6:30p)	Ed's Bootcamp (5-10a) Jazzercise (9:15a)	Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Water Aerobics (11a) Jazzercise (6:30p)	Ed's Bootcamp (5-10a) Jazzercise (9:15a)	Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a)	Jazzercise (9:15a) <b>Wonder Workshop</b> 10:30am *preregistration required*
Jazzercise (10a) Open Gym (11a-2p) Words to Wisdom (12p-1p)	Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Water Aerobics (11a) Jazzercise (6:30p)	Ed's Bootcamp (5-10a) Jazzercise (9:15a)  <b>Parks and Recreation</b> <b>Master Plan Workshop</b> 6pm- City Hall	Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Water Aerobics (11a) Jazzercise (6:30p)	Ed's Bootcamp (5-10a) Jazzercise (9:15a)	Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a)	 <b>South Miami</b> THE CITY OF PLEASANT LIVING

# Programs and Classes - September 2016

## Health and Fitness

**Ed's Boot Camp:** South Florida's oldest and most effective boot camp provider. Unlimited classes year round, no contracts, no registration fees. Equipment provided. Check out [www.edsbootcamp.com](http://www.edsbootcamp.com) or call 305-613-9920.



**Kickbox Rx:** By combining the elements of kickboxing, strength training and core conditioning that guarantee results. Check out [www.kickboxrx.com](http://www.kickboxrx.com) or call 305-613-9920.

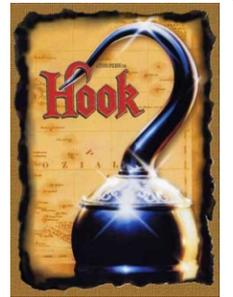


**Jazzercise:** A pulse-pounding, beat-pumping fitness program that gets you results fast. Check out [www.jazzercise.com](http://www.jazzercise.com) for more information or call 305-666-5457.



## September Events

**Movie in the Park:** Come to the movie in the park. We will be showing Hook (PG) at 7:30p at Dante Fascell Park on Friday, September 9th. Bring the family, some snacks, and a blanket to watch the movie under the stars! Free popcorn provided. See you there!



**STEM Wonder Workshop:** Join our next wonder workshop at Gibson-Bethel Community Center. Explore Aerospace Engineering by making Straw Rockets! Preregistration is required for this activity. Scan the QR code to register.

Call 305-668-3873 or email [parks@southmiamifl.gov](mailto:parks@southmiamifl.gov) for more information about events happening in September.



## Holiday Hours

In observation of Labor Day, the Gibson-Bethel Community Center will be open from 10-6 on Monday, September 5.



## Public Swim

The last day of public swim at Murray Park Aquatic Center will be Monday, Sept. 5 from 12pm-4pm. See you there.

## Words to Wisdom



Words to Wisdom is a free tutoring program at Gibson-Bethel Community Center on Sundays from 12pm to 1pm. Kids in elementary and middle school can receive free homework assistance and tutoring. This program helps participants in all subjects and kids can gain confidence through excelling in academics.



## Water Aerobics

Water Aerobics classes are every Monday and Wednesday at Murray Park Aquatic Center, 6701 SW 58th Place, from 11:00a to 11:45a. Register for the whole month for \$35 or try out one class for \$7. Build cardiovascular fitness and increase muscle strength without the impact on your joints. See you at the pool!



## F.L.O.W. is Here!

Florida License On Wheels will be at the Gibson-Bethel Community Center on 9/7/16 from 9:30 to 2:30pm. Renew a license, obtain a replacement license, change an address, get an ID card, or renew vehicle registration.



## Tennis Lessons, & More!

Sign up for private lessons, reserve a court for your own play, take a class or join in the after school tennis program at Dante Fascell Park. For more information call the Tennis office at 305-666-8680 between the hours of 8a-12p and 2p-7p or email [parks@southmiamifl.gov](mailto:parks@southmiamifl.gov).

