

2016 Summer

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) Water Aerobics (11a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p) After School Program Registration Opens ★	2 Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	3 Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) F.L.O.W. (9:30-2p) Water Aerobics (11a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p) 	4 Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	5 Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	6 Jazzercise (9:15a) Basketball (11a-6p) Public Swim (12p-4p)
7 Jazzercise (10a) Open Gym (11a-2p) Public Swim (12p-4p)	8 Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) Water Aerobics (11a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p)	9 Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	10 Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) Water Aerobics (11a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p)	11 Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	12 Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)  Movie in the Park 8pm @ Dante Fascell	13 Jazzercise (9:15a) Basketball (11a-6p) Public Swim (12p-4p)
14 Jazzercise (10a) Open Gym (11a-2p) Public Swim (12p-4p)	15 Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) Water Aerobics (11a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p)	16 Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	17 Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) Water Aerobics (11a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p)	18 Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	19 Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p)	20 Jazzercise (9:15a) Basketball (11a-6p) Public Swim (12p-4p)
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28 Jazzercise (10a) Open Gym (11a-2p) Public Swim (12p-4p)	29 Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Water Aerobics (11a) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p)	30 Ed's Bootcamp (5-10a) Jazzercise (9:30a) Swim Lessons (4-7p) Youth Basketball (6p)	31 Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Water Aerobics (11a) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p)	Fitness Center Open: M-F: 5a to 10p Saturdays: 9a to 6p Sundays: 10a to 2p		Gibson-Bethel Community Center 5800 SW 66th St South Miami, FL 33143 305-668-3876 www.southmiamifl.gov

Programs and classes - August 2016

Health and Fitness

Ed's Boot Camp: South Florida's oldest and most effective boot camp provider. Unlimited classes year round, no contracts, no registration fees. Equipment provided. Check out www.edsbootcamp.com or call 305-613-9920.



Kickbox Rx: By combining the elements of kickboxing, strength training and core conditioning that guarantee results. Check out www.kickboxrx.com or call 305-613-9920.



Jazzercise: A pulse-pounding, beat-pumping fitness program that gets you results fast. Check out www.jazzercise.com for more information or call 305-666-5457.



after school program

Registration for After School Program opens August 1st for residents and August 8th for non-residents. The program is \$25 a month for residents and \$160 a month for non-residents. Sign up soon. Spaces fill quickly.

NEW: Schools must have a minimum of three kids in order to qualify for After School Pick Up through the program.



F.L.O.W. is Here!

Florida License On Wheels will be at the Gibson-Bethel Community Center on 8/3/16. Renew a license, obtain a replacement license, change an address, get an ID card, or renew vehicle registration.



Basketball Programs

Miami Basketball. miamibasketball.net is starting up again and Spring league registration is now open! Practice is at the community center and times vary based on age and skill level. Call 786-205-5198 or check out www.miamibasketball.net to register.



TENNIS LESSONS, & MORE!

Sign up for private lessons, reserve a court for your own play, take a class or join in the after school tennis program at Dante Fascell Park. For more information call the Tennis office at 305-666-8680 between the hours of 8a-12p and 2p-6p or email parks@southmiamifl.gov.



August Events

Movie in the Park: Come to the movie in the park. We will be showing Jurassic World (PG-13) at 8p at Dante Fascell Park on August 12th. Bring the family, some snacks, and a blanket to watch the movie under the stars! Free popcorn provided. See you there!

Call 305-668-3873 or email parks@southmiamifl.gov for more information about events happening in August



WATER AEROBICS

Water Aerobics classes are every Monday and Wednesday at Murray Park Aquatic Center, 6701 SW 58th Place, from 11:00a to 11:45a. Register for the whole month for \$35 or try out one class for \$7. Build cardiovascular fitness and increase muscle strength without the impact on your joints. See you at the pool!



GROUP & PRIVATE SWIM LESSONS!

Sign up for swim lessons with The City of South Miami. Group lessons and private lessons available Monday through Friday. To view the class schedule and registration form [click here](#), call 305-668-3876, or come to the Gibson-Bethel center and pick up an Aquatics Information Booklet.

