



## March 2016 Newsletter

[Click here](#) to view our calendar of events!

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### **Bikes, Books, and BBQ**

Saturday, March 12th at 11:00a  
Palmer Park

In celebration of Florida Bike Month the Parks and Recreation department is hosting its first annual Bikes, Books, and BBQ event at Palmer Park. Enjoy a short family friendly ride at 11:30a through the city of pleasant living as well as free food, helmet fitting, bike safety information, used book giveaway, and info about Miami-Dade County Library System.



[Click here](#) to view the flyer.

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### **Easter Egg Hunt**

Wednesday, March 16th at 4:00p  
Marshall Williamson Park

Pack your camera and Easter basket and hop over to Marshall Williamson Park to participate in the annual free community Easter egg hunt. There will be a visit from the Easter bunny and a special surprise to those who find the golden eggs.



[Click here](#) to view the flyer.

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## **Murray Park Aquatic Center Opening**

Saturday, March 19th at 12:00pm

The Murray Park Aquatic Center will be opening its doors for the season on Saturday, March 19th. The pool will be open 12:00p to 4:00p the week of spring break (March 21-March 25).



[Click here](#) to view pool hours and entrance fees.

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## **Come Try Water Aerobics**

Mondays and Wednesdays ~ 11:00a-11:45a

Jump right into our water aerobics classes and build cardiovascular fitness and strength. Just like swimming, our water aerobics classes are easy on your joints, yet challenging enough to help you reach new levels of fitness. Because of their low-impact format, water aerobics classes are suitable for every age and fitness level, from beginning exercisers through elite athletes.



[Click here](#) to view the flyer. Registration is now open for unlimited classes this season for \$35 per month.

**FREE CLASS - Water Aerobics**

Mention this newsletter to participate in FREE water aerobic classes in March.

Offer Expires 03/31/2016

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## **Spring Break Camp**

March 21-25 ~ 8:00a - 6:00p

Residents - \$30 / Non-Residents - \$125

Registration is open for spring break camp at the Gibson-Bethel Community Center. Space is limited.



[Click here](#) to download the registration form.

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## **Join Our Walking Club!**

Gibson-Bethel Community Center

Walking is one of the most aerobic sports, and is widely promoted for its cardiovascular benefits, improved circulation, stress release, calorie burning (weight loss) and overall boost to mental and physical energy levels while improving your health and self-esteem.



Beginning Monday, March 21st, meet up with our staff every first and third Monday at 9:30a to start walking, get a free pedometer and track your steps. Lets get fit together!

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## **Become a Certified Lifeguard**

Want an exciting summer job as a Lifeguard?

The City of South Miami Parks and Recreation Department will be hosting two lifeguard training classes. There will be a class the week of UM and FIU spring break, March 7-March 10 from 9:00a to 5:00p each day. Class fee is \$175 for residents and \$200 for non-residents.



For more information, please call 305-668-3860 or email [parks@southmiamifl.gov](mailto:parks@southmiamifl.gov)

Lifeguarding job opportunities in South Miami can be seen [here](#).

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## **Spring Soccer Program**

South Miami Park

South Miami United F.C. is beginning recreational and competitive spring/summer youth soccer leagues. SMUFC focuses on individual skill development, teamwork, leadership, and respect in a fun learning environment. For more information visit their [website](#) or call 786-280-8824.



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## **Register Now for Spring Basketball**

In partnership with MiamiBasketball.net, Parks and Recreation will be offering recreation and competitive youth basketball leagues. Participants can register as a team or individually. Visit their [website](#) for additional information.



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Website

### **Contact Info**

Parks and Recreation Department

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